



“Behind The Mask”

Who you are speaks louder than what you say!

Ever wondered why body language is so powerful? Communication consists of 7% words 33% tonality and 60% body language!

language is extremely useful. If you want to become more dynamic in acting, training, presenting or public speaking you need to be able to express yourself freely, skilfully and without inhibitions thru the body. Being congruent in what you communicate is crucial to your success.

Your body language cannot hide anything because habitual thought and emotional patterns are held in the body. Observing and altering underlying causal issues through the body is powerful. Experience first hand how change initiated at this level is direct and most effective.



Are you ready for a change, to communicate and express yourself powerfully?

Setting your spirit free is a journey like no other using the power of the neutral mask, a powerful medium to teach body language and presentation skills. Under the mask you develop a potent heightened sense of presence and awareness.

Discovering the power of body

Energies begin to move within the body, as centers of consciousness awaken. Feelings emerge from the unconscious, images move upon the screen of the mind arising from hidden places to reveal their secrets to you:

“Behind the Mask” will give you:

- insights into the true messages of

- learn to read & interpret body language effectively
- skills how to use & express your body language powerfully
- your life lessons & what and how to change
- a sense of your life purpose, soul essence and personality skills – how to express and release untapped potential

“Behind the Mask” is a program for people:

- who wish to develop powerful presentations
- who want to learn to use & read body language powerfully
- who want to know more about themselves
- who want a change and fresh perspective in their lives now
- who dare to take risks to broaden their vision and intuition

You will:

- experience a deeper intimacy and connection with your authentic self
- feel freer, more vital, alive and centered
- develop the ability to be more present, alert and spontaneous, claiming your personal power
- have greater love and compassion for self and others

- balance your internal female and male energy
- have a lot of fun!!

The program will cover:

- **Development of intuitive perception:** How to develop and master your intuitive perception, foresight and genius
- **Exploring the power of Love:** How much you dare to express and share your love, what stands between you and being more loving towards yourself and others?
- **Accessing personal Power:** Claim your sense of power, access it and strengthen it!

About the Facilitator:

Sandhi Spiers has been working with the neutral Mask for over 15 years whereby he developed the ' Behind the Mask ' workshops. During this time period, he began intensive studies with eastern Masters. His background includes Theatre & Drama Action Work, Emotional Expression, Yoga & Meditation, Inner child work, Psychology and NLP.

At the heart of his work is his capacity to bring forth awareness of individual and collective patterns, paradigms and frameworks that need to change before more desirable outcomes can be created. His style is humorous and subtle yet creating powerful changes in perceptions and behaviours.

Sandhi is the founding director of the Wholistic Business Network with 25 years experience in personal & professional development, coaching, counselling and group facilitation.

www.wbntoday.com & www.sunenergycommunications.com

What others have said:

"I have done many seminars and workshops. Never before however have I learned so much about myself in such a short time. It truly is a moving, revealing and healing journey, very dynamic and funny too. The greatest gift and learning was to get in touch more deeply with my authenticity and open to following my intuition as inner guidance through my life."

Frank Moon, IT Consultant

"The experience with the Neutral Mask has profoundly changed my stage presence. It has given me a new sense and understanding of what it means to be 'me' and how I project this essence to my audience and the people whose life I touch. A very powerful and insightful adventure"

Anastasia Aspelling, Doug Williams Band

"Fire behind the mask" is a truly moving and fascinating experience into the world of the unconscious Body/Mind that allows the true inner spirit to shine through. It is a magical and transformative journey indeed to truly learn and understand my own body language & expressive behaviors, whether on stage or in the world."

Prasadam, Director of Zen Theatre

“Everyone is wearing a mask to hide what we really are and to show what we are not. We are afraid of that which is hidden and spend our lives fighting our own repressed emotions and fears.

**We have to understand our fear until we are at one with ourselves.
It is your birthright to live in freedom and without fear.”**

Osho

Please note: This workshop is limited to 14 participants only. (Minimum booking: 6 participants).

100% money back guarantee if not completely satisfied.

For Bookings & inquires please contact Sandhi on 0419 233 448 or email:

Sandhi@sunenergycommunications.com

Behind the Mask...

Who you are speaks louder than what you say- the hidden messages of your body



Discover the Secrets of Your Body Language

Ever wondered why your body language is so powerful? Research has shown that communication consists of 7% words, 33% tonality and 60% body language! Your body language speaks louder than what you say...and ...true communication is the response you get!

Do you get the response you want in your communications? Are you aware of the hidden messages that you are sending out and how they affect your life and relationships? Do you want more congruent and powerful communication skills and learn how to use the secrets of your body language?

Many people experience the frustration of not getting what they want or wanting what they cannot get through their communications...despite their best efforts! What is the secret? The forces that interfere are frequently unresolved issues that shine through their (unconscious and healing unresolved issues is a key for powerful and rewarding communication.

All unresolved issues from the past, attitudes and beliefs are held in the body. By learning to observe the hidden language of the body's expression it is much easier to identify and shift the underlying issues, the "blind spots". You will develop a deep understanding of challenging patterns, learn from them by making them conscious and release old habits in the process.

Making old patterns conscious you come to a turning point. May be you want more choices in the way these patterns influence your relationships, career, money and the choices you make in life. It is about seeing your life in a very different light as new perspectives emerge from the depth of your soul. This is where you are honest with yourself and leave behind doubt, unfinished business and uncertainty.

Sensing your purpose, coming from a place of wonder you can experience breakthroughs of long held limiting beliefs & attitudes, claiming your true authentic power in a trusting, safe and supportive environment.

Behind the mask is a Mask workshop experience like no other! You will develop a heightened sense of awareness, time and space unlikely to be experienced before. Experience a profound sense of presence that opens the keys to make changes where they are wanted and needed the most. Guaranteed!

This work is powerful because it touches and moves you to new levels of awareness that help you to experience profound changes in your life. Learn to read the language of the body and how to use your body for effective communication.

You are invited to explore the secrets & the power of your body language, featuring some of the most cutting edge mask work today...

This 1 day intensive program that will change the way you look at yourself & others. Learn the secrets of your body language and harness its power. Go beyond the mind where you have not been before and look behind the mask to find yourself.

presented by Sandhi Spiers